

20 Outstanding Women You Should Know



Outstanding!

We don't know yet who the other 19 outstanding women are, but we're announcing with great joy that our very own Betty Peyton has been selected as one of the 20 women for this Central Ohio honor.

Radio Station Sunny 95's 20 Outstanding Women You Should Know! is celebrating its 4th year. This program celebrates ordinary women who do extraordinary things.

This is not your run-of-the-mill luncheon celebration. They are doing it up right. There will be a formal awards ceremony, a full-color magazine, a one-hour television special, and it ends with a grand public celebration.

The formal awards ceremony will be held on February 17th at the historic Lincoln Theater in downtown Columbus. Invited guests including friends and family as well as community leaders will be on hand.

The Grand Public Celebration will be Friday February 25th from 4:00 pm - 8:00 pm at the Aladdin Shrine Center 3850 Stelzer Rd. near Easton in Columbus. Plan to come and spend some time on that day to celebrate Betty.

Those of you not lucky enough to know Betty are probably asking yourself, Why Betty? Wonder no more. We have the answer you seek.

First and foremost Betty has a big heart and a deep passion for homeless animals. She has dedicated the past decade of her life to our shelter and those who have passed through our doors.

She works tirelessly to place our charges in their forever homes. This includes keeping our website and our posting on Petfinder.com up-to-date. She receives the adoption applications from on-line and works with our Shelter Manager,

Cathy Leistikow, to process them. She arranges for and holds off-site adoption events including our stop of the national Tour for Life. She works with and transports to, if necessary, our vets to ensure our animals receive the best care. She arranges for or transports animals going to rescues or forever homes.

She co-chairs and does the bulk of the work at virtually all of our fundraisers.

And she does all of this as a volunteer.

She is the heart and soul of who we are and now everyone in the Central Ohio area will know it as well.

Make sure to stop by on February 25th to celebrate the Outstanding Woman in our midst and also drop her a line at betty@madisonhumane.org. We are also accepting donation to the shelter in her honor.

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Meet Norabelle

You should know: she's not a dog fan at all.

Passionate about: cuddling.

She'd whisper in your ear: cats can help keep you healthy.

Longs for: a home where she can be the center of attention.

Wants you to know: she's very affectionate.

Norabelle is a gorgeous 2 year old female brown tabby cat. She's feline leukemia and FIV negative, up-to-date on all shots, and spayed. She's playful and wonderful and ready for a forever family.

You can fill out an adoption application on line. More information is available on www.petfinder.com or by calling the shelter at 740-852-PETS

Norabelle



I'd make a purrfectly good pet.

I would be good in your home!



Worthy quote:

"We can judge the heart of a man by his treatment of animals."

- Immanuel Kant



We do make the occasional mistake.

From the Editor

This month is all about love and inspiration.

We hope Betty's story will inspire others to

Never give up. Try and find a way. Her column tells us more about her than many know. And be sure to make plans to help celebrate her at the end of the month.

We all love animals and this month features articles on water, dental

health, and outdoor animals. A reminder here to keep feeding the



birds if you are already doing so and if not, consider it as right now they are having a hard time finding food.

We're still looking for a home for Twister, the dog featured last month and this month's cat is a cuddle bunny looking for a forever home with a lap included.

Stay warm and keep safe. Grab a warm beverage and enjoy the read. And don't forget to please pass this along.

Corrections!

While rushing the last issue to publication, the editor made some errors that were not caught until after the fact:

The car dealership is Dan Hatfield.

The Rammel's baby is Baylon.

We regret any confusion this may have caused. Thanks to those who brought it to our attention.

Pet Tip: Water

Water is essential for life. While we and our pets could go a few weeks without food, we could only last a few days without water.

This time of year it is important to think about water. Temperatures are well below freezing and outdoor animals can't get enough water by eating snow or ice. They must have access to clean non-frozen water.

Make sure to check outside water bowls several times per day and replace icing water

with clean water without ice. Consider placing bowls near the house or in the garage if it is accessible to delay freezing.

Encourage water consumption for indoor pets or pets that go in and out by discarding water in the bowl and replacing it with fresh water everyday.

Also, remember to wash water (and food) bowls on a regular basis. It is helpful to have more than one set. Consider dishwasher safe bowls.

Wish List

This month the shelter could really use:

Copy paper
Business size security envelopes
Postage stamps

And we desperately need:
Plano 5 Tier Shelf 9505
cost \$29.95 UPC
73116102043

Storage Home Space
Commercial Grade
4T251436542 cost:
\$49.95 UPC 3488600296

Space Solutions 17185
cost: \$49.95 UPC
2940417185



Pets need fresh unfrozen water at all times.

Did You Know?

- Dogs and humans are the only animals with prostates
- Emus lay emerald/forest green eggs
- Rhinos are part of the same family as horses.
- A full grown bear can run as fast as a horse.
- The Dalmatian is the only dog that gets gout.
- Cats can hear ultrasound.
- A cat's jaws cannot move sideways.
- Armadillos can be housebroken.
- Chinese Crested dogs can get acne.
- Giraffes have no vocal cords.

Veterinary Dental Health Month

All of us recognize the importance of brushing and flossing our teeth everyday and seeing our dentist on a regular basis, but what about our pets? The value of dental care for our furry friends is often overlooked. This oversight leaves them susceptible to health issues that can be easily preventable.

February is National Dental Health Month. It is the perfect time to look at your pet's dental needs and make some changes to your home routine. Many vets offer discounts on dental cleanings during this month.

Good dental health is more than solving bad breath problems. Infections in the mouth can be the source of infection in joints, the lungs, the heart and even the liver. Veterinary dental specialists feel that dental disease is the top disease affecting adult pets.

By the age of 3 years, over 80% of dogs and 70% of cats have some type of periodontal disease. This periodontal disease can include gingivitis, periodontal infections, oral tumors, and even fractured teeth,

Home dental care is essential between professional cleaning at the veterinarian. In addition to brushing, owners should examine their pet's mouths for bad breath, broken or discolored teeth, tartar build up, sores or tumors and schedule a trip to the vet if these are found.

Ask your vet or vet tech about learning to brush your pet's teeth, water additives, treats and toys that will help keep their teeth in great shape.

Good dental health is more than solving bad breath problems.



Check to see if your vet is offering dental specials.

Bites from the Director



Reading was a nightmare for me.

**“Never give up.
Try and find a
way”**

- Betty



**No matter what. Find a way
around or over.**

This column is not about the animals or the humane society. It is about me. I am hoping to share a bit so you might get to know me better and understand why I do what I do.

Recently I was asked if I had a motto or some saying that I kind of live by. I sat for a second and said, **“Never give up. Try and find a way.”** Then I was asked to explain why this motto. I sat there for a minute trying to figure out the best way to explain why **“Never give up. Try and find a way”** was just something I had just done my whole life.

As a child going to elementary school in the early 1970 s, I had found that some things were very hard to do. I had always thought it was like this for all kids. Reading was a nightmare for me. And my Mom can tell you that if it was not a spelling word, I could not spell it. I was always studying as I wanted the gold star, the happy face on my paper, the pat on the back for a job well done.

For my spelling lessons, I had taken the words or letters and turned them into a song which I would remember come test day. I would read the same page in a book two or three times to make sure I got each word right and that I understood what I had read. I never gave up and kept trying to find a way to understand or make it easier for me. Math was not as hard for me. It was my best subject in school.

It was not until my junior year in high school (1982) that one of my teacher asked me if I was dyslexic. I had no idea what she was talking about. Folks back then never knew about this or if they did, they

did not talk about it. I had no clue if I had Dyslexia. I had to go look it up.

The encyclopedia says that Dyslexia is a broad term defining a learning disability that impairs a person s fluency or accuracy in being able to read, write, and spell. Although dyslexia is not an intellectual disability, it is considered both a learning and reading disability.

As a teenager, to be told you have a learning and reading disability, you worry about what others will think of you. Will they think you are dumb, stupid and will they drop you as a friend.? I had to arm myself with knowledge.

The following is a list of notable people who have been diagnosed with dyslexia.: John Lennon (musician), Whoopi Goldberg (actress) Tom Cruise (actor), Cher (singer), Bruce Jenner (athlete), John Irving (novelist), Anthony Hopkins (actor), Lindsay Wagner (actress), Leonardo da Vinci (inventor and artist), Thomas Edison (inventor and scientist), Wolfgang Amadeus Mozart (composer), Ludwig van Beethoven (composer), Ozzy Osbourne (musician), Albert Einstein (physicist, philosopher and author), Henry Winkler (the Fonz, actor and spokesman for the Dyslexia Foundation) and so many more. I am part of this group of people. I might not be as notable, but I belong.

I have Dyslexia. This explains everything about my trouble with reading, writing, spelling. Dyslexia is also the reason I **“Never give up. Try and find a way.”** I never used it as an excuse to give up or not try. I continued on like I

always had. I believe my motto is one of the reasons I was inducted into the National Honor Society my senior year. I also graduated in the top 20 of my class.

“Never give up. Try and find a way.” This had always been with me my whole life but once it failed me. I had wanted to be a veterinarian. I loved animals. I wanted to help them, but I knew in my heart that I could not handle the schooling. I knew it would be way too hard for me. Even as a young child, I knew this. It was the one time that I gave up as I just could not find a way.

Skip forward to the year of 2000 and I became part of the Humane Society of Madison County. I was helping animals. I had no clue about animal shelters as a child or teenager. If I had, you could bet that I would have made it part of my life back then.

It is now a major part of my life. And there are times when I feel like I have hit a brick wall. I just take a step back and take a good look at the situation. I remind myself that there are always choices you can make. Do I go around the wall by going left or right or do I just figure out a way to go over it. None of those decisions are wrong and each might lead to a different ending. It is the chance you have to sometimes take. The only wrong decision would be to give up and not try. That is just something I don t want to do.

“Never give up. Try and find a way.” That is my motto to live by. What is yours?

We are Animal Rescuers

Our job is to assist God's creatures. We were born with the drive to fulfill their needs. We take in helpless, homeless, unwanted creatures without planning or selection. We have bought dog food with our last dime. We have patted a mangy head with a bare hand. We have hugged someone vicious and afraid. We have fallen in love a thousand times. And we have cried into the fur of a lifeless body too many times to count.

We have Animal Friends and friends who have Animal Friends. We don't often use the word "pet". We notice those lost at the side of the road and our hearts ache. We will raise a field mouse and make friends with a vulture.

We know of no creature unworthy of our time.

We want to live forever if there are no animals in Heaven, but we believe there are. Why would God make something so perfect and leave it behind?

Some may think we are masters of the animals, but the animals have mastered themselves...something people still haven't learned. War and abuse make our hearts hurt for the world, but a rescue that makes the news gives us hope for mankind.

We are a quiet but determined army and we are making a difference everyday. There is nothing more necessary than warming an orphan, nothing more rewarding than

saving a life, no higher recognition than watching them thrive. There is no greater joy than seeing a baby play who, only days ago, was too weak to eat.

By the love of those we've been privileged to rescue, we have been rescued. We know what true unconditional love really is, for we've seen it shining in the eyes of so many, grateful for so little.

We are Animal Rescuers.

Our work is never done.

Our homes are never quiet (or clean).

Our wallets are always empty, but our hearts are always full.

Author Unknown



We know what true unconditional love is...

"The greatest oak was once a little nut that held its ground."

- Unknown

Happy Tails

Attached you will find a photo of Murphy, who you know as Albert. He is such a sweet beagle and so dear to me already. He is also part of a pack with his new brother Ollie, who I adopted the from Beagles-rrrrr-Us on the same day as Murphy.

He is in fine health, the Vet said he is in the shape a beagle should be in when I took him for visit the week after I

got him. He had slowly "come out" of his shell and had begun climbing up on my lap (with a little coaxing) and taking a nap. Now that is beagle heaven!

I had hired a trainer to come to my home and help me train him and his younger brother who is really still a puppy (14 mo. old). They each have their own cage to rest in and are learning to be polite on

a leash and when someone comes to the door. I think Ollie is a bad influence on Murphy but it also works the other way around and Murphy is helping to teach the young one a thing or two.

Please know that Murphy is in a home where he can run, play, and feel safe and be comfortable. I try to keep things as routine as possible as that seems



to work best for him and I get loved unconditionally!!

Murphy has a blue collar with black leash, Ollie has a pink collar and blue leash.

Kim

Give From the Heart



Help us find Twister a home!

“We can do no great things; only small things with great love.”

- Mother Teresa



Come make a difference.

This month is all about love and celebrating that love. This issue of the newsletter celebrates many things, our love of animals, the things we can do to help them, and how who we are drives us to do what we do.

We know that if you're reading this you love animals or you love someone who does.

Right about now you're probably thinking that this is a Valentine's Day appeal. Well, it is and it isn't. Certainly if you *want* to donate feel free to send us a check or donate on-line (www.hsmcoho.com).

We all lead busy full lives. Every person reading this has said, "Someday I want to or When I get the time But how do you get the time?"

H. Jackson Brown said, "Don't say you don't have enough time. You have exactly the same number of hours per day that were given to

Helen Keller, Pasteur, Michelangelo, Mother Teresa, Leonardo da Vinci, Thomas Jefferson, and Albert Einstein. And he's right.

We're not talking about devoting your whole life to helping, but perhaps you could do one easy, small thing. And if all of us did one easy, small thing then it would



add up to one big amazing thing.

Consider giving us one of these 10 easy gifts from your heart:

1. **Save your soda cans.** Put them in bags and bring them to the shelter. Save them from that Super Bowl party you're at this Sunday and ask friends, family and
2. **Recycle papers.** And magazines and catalogues and non-confidential papers. Collect from everyone and bring them to our green recycling dumpsters at the shelter, Wal-Mart, K-Mart and Kroger's. Let us know if you have a place that will let us put a bin. It doesn't have to be in Madison County. We'll take your shredded paper too (just make sure it is bagged).
3. **Shop on line.** When you shop on line go through www.igive.com and designate us as your charity. It won't cost you any more than going to a site directly and we get a percentage of your pur-

co-workers to help. Then, bring them by the shelter at any time.

Give from the Heart continued

chase.

4. **Recycle those gifts.** Everyone gets something they don't like at Christmas. Give it to us. We'll use it in one of our fundraisers to help the animals. And those empty baskets that had fruit or other things in them? We'll take those too. We make up many of the baskets for our fundraisers.
5. **Order your gift cards on line.** Purchase your gift cards at www.simplifiedscript.com and designate us. Nothing extra for you and funds from the merchants for us.
6. **Search and donate.** Go to www.goodsearch.com and designate us and we'll get money every time you search the internet.

7. **Give us your old towels and blankets.** Yes, we use them and no, we don't care how old or worn they are.

8. **Pick up an extra one.** We can always use paper towels, bleach, toilet paper, copy pa-



per, dog and cat treats. Grab an extra one when you go shopping.

9. **Pass this newsletter along.** Forward this to everyone you know and ask them to do the same. The more people who know about the work we do the better. And for those who live really far away, we hope this inspires them to adopt when adding a four

-footed family member and to help out a local shelter or rescue.

10. **Share your talents.** We know you have them. Do you bake? We have bake sales. Do you like to write? We'd love to have you write something for the newsletter. Do you like people? Consider helping out for a few hours at an adoption event or setting up at a fundraiser or helping us make follow up calls. Whatever you want to do we're glad to have you.

We hope you'll pick at least one small easy thing to help the homeless animals. Of course if you have a big enormous thing or idea you want to do, we'll take that too.

From all of us at the shelter we wish you a Valentine's Day full of warm hugs.



Little things add up to big things.

“Try not. Do! Or do not! There is no try...”

- Yoda



We hope you get lots of warm furry hugs!

Paws 4 News

The Humane Society of Madison County
1357 St. Rt. 38 SE
London, OH 43140

Phone: 740-852-PETS
E-mail: shelter@hsmcohio.com
Visit us on the web at www.hsmcohio.com



Guess What's Coming Up?

Call the shelter about upcoming adoption events.

April - Tour for Life more details next issue

Late Spring - Cash-4-Kibble - more details soon.

Finding Forever Homes for Our Furry Friends.



Promoting Life. Promoting Adoption.



*Proud supporter of HSMC and animal groups everywhere!
Talk to the Pet Butler. It's too cold for you to pick up poop!*

The article to the right is a repeat and we hope some of you will lend a helping hand.

Helping Outdoor Animals

There is still plenty of cold weather left here in Central Ohio. It is so important we have to mention again that when temperatures turn frigid it is best to bring pets indoors or in the garage away from the elements. Ohio law states that animals must have shelter or access to shelter.

There are over 1 million stray and feral cats in Central Ohio and they have the hardest time during frigid weather. There are some things you can do to help them safer and more comfortable until the weather warms up.

Stray Cat tips:

- put out extra food. Cats burn more calories trying to stay warm,
- Check water twice a day for

freezing. Use a deep bucket so it will take longer to freeze.

- Remember that antifreeze is poisonous, but it's sweet taste attracts animals. Clean up spills immediately.
- Remember to Rap the hood on your car, Tap the dashboard firmly and/or Toot the horn before starting the engine. This will startle and move any cats that crawled up to the fan belt or engine looking for a warm place.

Building outdoor cat shelters.

Use a large plastic tub (available at Lowes or Home Depot for about \$3.50 each).

- Make sure the tub is big enough for 3 to 5 cats.

- cut a doorway 6 to 8 wide.
- Use straw as bedding as it is the best insulator.
- Place tub in a quiet, low foot traffic area.
- Keep the shelter elevated off the ground.

Cruelty calls. If you see animals in danger this winter call the local authorities (animal control agency, Sheriff's Department, humane society)

Need help humanely trapping stray/feral cats, getting them fixed, then released? Call our friends at the Black & Orange Foundation (www.bandocats.org) or Colony Cats (www.colonycats.org or 614-593-9955)

Thanks to Peggy Kaplan for the info!